

Windom Island Park Baseball League 2017



This Program is for youth in Grades 3-5 (in the 2016-17 school year). We must have 36 players to offer this league. They will be divided into 3 teams.

The format for this league will allow the kids to do the pitching and catching. There will be capable coaches provided for each team. Each game will be three innings or one hour. There will be some instruction.

Dates: June 5th through July 12th

Days: Monday, Wednesdays, Fridays**

Time: 8:45 – 11:15 AM

Location: Island Park Softball Fields

Listen to KDOM for Cancellations

Fee: \$48 for participating only in 30/60 League.
\$70 for participating in Morning Baseball and 30/60 League

\$15 Late Fee for any registrations received after May 15, 2017

Registration is on-line at:
<http://www.windom-mn.com/>

30/60 Baseball (Completed Gr. 3-4) (Completed Gr. 5-6)

Games will be played two evenings a week – Tuesdays & Thursdays – against teams from Red Rock, Mountain Lake, Springfield and Tracy. Games will be played both in town and out of town. The first game is tentatively scheduled for June 1st.



Practice will be held at least twice a week with volunteer coaches. If interested in volunteering to help coach, please put your name on the registration form in the space provided.

Fee: \$48 participating in 30/60 only or \$70 participation in Morning Baseball and 30/60 League

30/60 Tourney will be tentatively scheduled for Saturday, July 15th.



Baseball Clinic Ages 6-13

Baseball and softball are among America's oldest and perhaps most cherished sports traditions, reflecting perfectly the blend of individual excellence, teamwork, sportsmanship and joy at the heart of our national character. The Minnesota Twins & Great River Energy have partnered to offer FREE baseball clinics in Minnesota. Windom has been selected for one of these clinics!

The camp will focus on the fundamentals including throwing, hitting, and fielding. Bring your glove to the clinic.

Come out and work on your baseball skills at this **FREE** clinic.

Date: Friday, June 9th

Time: 6-9 year olds: 3:00 PM – 4:30 PM

10-13 year olds: 4:30 PM – 6:00 PM

Place: Windom Recreation Area

If weather is inclement - Clinic will be held at the City Arena

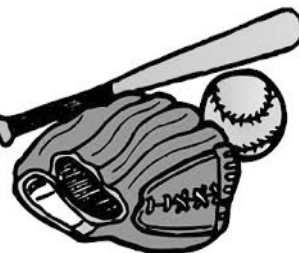
A waiver will need to be completed to participate in the clinic.

Pony Baseball Leagues Grades 7, 8 & 9 (Last Year's 2016-17 Grade)

Seventh through ninth grade teams will participate in the I-90 Baseball League with teams such as Blue Earth, Fairmont, Jackson, St. James, Mountain Lake, and Martin County West. Teams divided by grade.

Fee: \$36

Watch for more information as it becomes available from the League Director.



Summer Baseball Programs

Tykes T-Ball

This program is for children who will be eligible to attend kindergarten during the 2017-18 school year. Youth will have fun learning the fundamentals of baseball.

Fee: \$48

Days: Tuesdays & Thursdays

Dates: June 6th – July 11th

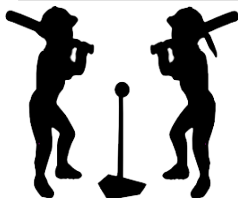
Time: 10:00 – 10:45 AM

Evening sessions TBA

Place: Windom Recreation Area



Kindergarten T-Ball



This program is for children who were eligible or attended kindergarten this past year. They will work on fundamentals of baseball along with playing some games.

Fee: \$48

Days: Mondays, Wednesdays & Fridays

Dates: June 5th – July 12th

Time: 10:00 – 10:45 AM

Evening sessions TBA

Place: Windom Recreation Area

Coach Pitch / T-Ball (Completed Grade 1-2)

Coaches will pitch to participants and Tee after a set amount of swings. Sessions will be one hour long with 45 minutes for games and 15 minutes being spent on fundamentals daily.

Fee: \$48

Weekdays: Monday-Fridays , June 5th-July 13th
9:00 AM

Weeknights: Tuesdays, Beginning June 13th
5:30 PM

Place: Windom Recreation Area

Playoffs for Coach Pitch/T-Ball will be held the week of July 11th-13th at 5:30 PM.

Girls Softball

catching, fielding, hitting and running bases!

Eligibility criteria:

1. Any Girl who turned 4 on or before 12/31/2016 or
2. Any girl in kindergarten during the 2016-17 school year.



Fee: \$45

Days: Monday-Thursday

Dates: Tuesday, June 6th – Thursday, July 13th

Time: 9:00-9:45 AM

Evening sessions TBA

Place: Windom Recreation Area, Qwest Field

Questions: Contact Kristi Maricle at 830-1207 or email: ckmaricle@windomnet.com

**REGISTER
ONLINE**



All registrations will be done on-line for both Summer Recreation & Swimming Lessons. ****Any recreation registrations received after May 15th will result in a \$15 late fee.****

Dates Registration Begins:

Summer Recreation: Tuesday, April 11th

Swimming Lessons: Tuesday, April 25th

To Register for Summer Recreation and Swimming Lessons on-line:

1. Go to the City of Windom's website at: www.windom-mn.com
2. Click on "Recreation Registration" listed in the Recreation Box on the bottom right side.
3. Click on "Recreation Registration" in the grey box on the left. (If you have not signed up on-line before, you will need to choose "Create Account" first.)

Walk-in and mailed registrations will be processed as time permits.



Summer Racquetball

The Windom Arena will be offering Summer Racquetball until the end of September.

Each Tuesday evening from 5:30 – 7:30 PM, both courts will be reserved for racquetball players only. Show up and be ready to play. (NO CALLING NECESSARY TO PLAY.) Two to Eight people per hour can participate. Regular court fees will be charged during this time.

Hourly Rates:

Non-Members: \$3.00/hour
Students: \$1.50/hour

Memberships are available monthly, quarterly, semi-annually and annually. If you have any questions contact Al Baloun at the Windom Arena 831-6122.

Adult Sand Volleyball



The organizational meeting for Adult Sand Volleyball will be held on Wednesday, May 3rd at 7:00 PM in the City Hall Council Chambers.

All information for registration will be distributed at this meeting. It is MANDATORY that all teams have a representative at the meeting. This league is open to anyone that has graduated high school.



Be On the Look-Out!

Information on registration for Fall Boys & Girls Soccer (Gr. K-3) & Youth Flag Football (Gr. 1-3) will be handed out to all Summer Rec. participants.

Fall programs are held August—mid-October.

REGISTRATION FORM WINDOM PARKS & RECREATION ACTIVITIES ONLY

All registrations will be done on-line for Summer Parks & Recreation activities. To Register on-line: 1) Go to the City of Windom's website at: www.windom-mn.com 2) Click on "Recreation Registration" listed in the Recreation Box on the bottom right side. 3) Click on "Recreation Registration" in the grey box on the left. (If you have not signed up on-line before, you will need to choose "Create Account" first.) Registration for Parks & Recreation activities begins on Tuesday, April 11th. ****Any recreation registrations received after May 15th will result in a \$15 late fee.**** Walk-in and mailed registrations will be processed as time permits.

Names of Children	Grade Completed (2016-17)	Activity
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

I would like to volunteer coach! Your Name: _____ Activity: _____

Parent's Name: _____

Address: _____

Phone 1: _____ Phone 2: _____ e-mail: _____

Person to contact in case of emergency and parent cannot be reached:

Name: _____ Phone: _____

I (we) authorize emergency medical treatment to insure the well being of the above name child(ren) by qualified medical and emergency personnel.

Signature _____ Relationship _____ Date _____

SCHOLARSHIP FUND: The city of Windom is committed to offering programs for all youth of our community. No youth will be denied access to programs due to lack of funds. Financial assistance is available to families. Contact Al Baloun at the Arena for information.

REFUND POLICY: Requests for a full refund must be received before the second day of the recreation program. No refunds will be given after the second day unless for medical reason (a doctor's note required).



2017 Pool Rates

Daily Rates:

- Students & Adults: \$4.00
- Wading Pool/Non-Swimmers: \$1.00
- Family Swim: \$7.50

Save Money on Season Passes bought before May 31st.
Season passes can also be purchased on-line.

Season Passes:

- Family: \$100 (After May 31st \$120)
- Individual: \$60 (After May 31st \$70)
- Wading Pool/Non Swimmer: \$25/person

Aqua Zumba- Weekly

- Tuesday & Thursday 5:15-6:00 PM
- Cost: \$5/class

Swimming Lesson Fees:

- \$35 Preschool Lessons - (Max. 6) 30 Minutes
- \$35 Group Lessons - (Max. 10) Levels 1-6
- \$45 Semi-Group Lessons - (max. 5) Levels 1-4
- \$55 Private - (5 - 30 Minute Lessons)

Private Pool Rental:

\$100 minimum up to party of 40
(Additional fee based on number in party/hour.)

Tentative Opening Date is June 7th!!!

2017 Pool Hours

Open Swim Times:

- Monday – Sunday 2:00-5:00 PM
- Tuesday & Thursday 6:30-8:30 PM
- Saturday 6:00-8:30 PM

Adult Hour:

- Monday – Thursday 5:00-6:00 PM
- Adults may do self-led aerobics, swimming or water walking. No instructor during this time.

Family Swim:

- Sunday 6:00-8:00 PM
- Monday, Wednesday, Friday 6:30-8:30 PM

Teen Night Swimming:

- Selected Thursdays 7:00-9:00 PM
- For ages 11+ come enjoy one night a month reserved for teens with music, games and fun!
(June 22nd, July 13th, and August 3rd)

All registrations will be done on-line for both Summer Recreation & Swimming Lessons.

Dates Registration Begins:

Summer Recreation: Tuesday, April 11th Swimming Lessons: Tuesday, April 25th

To Register for Summer Recreation and Swimming Lessons on-line:

1. Go to the City of Windom’s website at: www.windom-mn.com
2. Click on “Recreation Registration” listed in the Recreation Box on the bottom right side.
3. Click on “Recreation Registration” in the grey box on the left. (If you have not signed up on-line before, you will need to choose “Create Account” first.)

Walk-in and mailed registrations will be processed as time permits.

****Any recreation registrations received after May 15th will result in a \$15 late fee.****

MEDICAL RELEASE & HISTORY FORM

Student Name: _____ Age & Birthday: _____

Address: _____ City, ST & Zip: _____

Legal Guardian: _____

Address (if different from above): _____

Home Phone: _____ Cell : _____ Work: _____ E-mail Address: _____

In the event a guardian cannot be reached, who else may we phone in case of an emergency:

Name	Phone	Relationship
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Family Physician: _____

MEDICAL HISTORY: Has the above named student experienced any of the following?

- Hearing impairment or chronic ear problems
- Heart Condition
- Sight Impairment
- Loss of consciousness
- Any other medical concerns (Please attach a separate note of explanation.)

I (we) authorize emergency medical treatment necessary to insure the well being of the above named child by qualified medical & emergency personnel.

Signature(s)	Relationship	Date
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Swimming Lessons

The Windom Pool offers the American Red Cross, Learn to Swim Program that follows a six level approach to learning strokes and water safety. All classes are taught by one certified Red Cross Water Safety Instructor.

Parent & Child: Introduction to Water (Ages 6 months to 3 Years) An adult must be with the child.

Parents and children learn together to increase a child's comfort level in the water and build foundation of basic skills, such as arm and leg movements and breath control. **Fee: \$25**

Preschool Aquatics (Ages 3-5 Year Olds)

Level 1: Orients children to the aquatic environment and help them gain basic aquatic skills. Instructor will help the student develop more comfort in and around the water. **Fee: \$35**

Level 2: Helps children start to gain basic swimming propulsive skills to be comfortable in and around water; while helping develop more independence throughout. **Fee: \$35**

Level One: Introduction to Water Skills

Helps students develop positive attitudes, good swimming habits, and safe practices around the water.

Level Two: Fundamental Aquatic Skills

Level Two gives students success with fundamental skills and learn to float without support. Learn basic self-help rescue skills.

Level Three: Stroke Development

Building on the skills in Level 2 through guided practice in deeper water. Students learn to coordinate front crawl and elementary backstroke.



Information Lines:

A recorded message will give all information daily about whether or not an activity will be held.

Swimming Pool:

507-832-8136

Parks & Recreation:

507-831-6124

Level Four: Stroke Improvement

Level Four develops confidence in strokes learned thus far and improve other aquatic skills. Introduce back crawl, breast stroke, sidestroke and beginner lap swimming habits.

Level Five: Stroke Refinement

Coordination and refinement of the key strokes. Increase swim distance through strength and endurance.

Level Six: Swimming and Skill Proficiency

The objective of Level Six is to polish strokes so students swim with more ease, efficiency, power, and smoothness over greater distances.

Junior Lifeguard: (Ages 11-14)

Participants must be able to swim 500 yards continuously. This program will track water safety and the duties/responsibilities of a lifeguard. This program does not certify anyone to become and lifeguard. **Fee \$45.**

Group Options for Lessons

Group Lessons (Levels 1-6):

A full group class with the potential of 10 students to one water safety instructor.

Group Lesson Fee = \$35

Semi-Group Lessons (Levels 1-4):

A small group class with a maximum of five students to one water safety instructor. The smaller group environment will create more one-to-one encounters with students and instructor throughout the session.

Semi - Group Lesson Fee = \$45

Private Lessons:

A one student to one water safety instructor ratio. All private lessons are 30 minutes but allow for quality instruction to the individual's needs. Private lessons could include any of the following:

- Red Cross Learn to Swim Program
- Adult Lessons – these lessons are for adults who have never learned how to swim or who would like to improve their strokes. If interested, please contact a staff member at the pool.
- Fitness/Training/Personal Goal Setting Program
- Adaptive Swimming Lessons – Please leave a message for Sam Baloun, Pool Manager at 832-8136.

Windom Swimming Lesson Levels & Times

ALL SWIMMING REGISTRATIONS WILL BE DONE ON-LINE Beginning Tuesday, April 25th. Registrations will be on a first come first serve basis. Fill in the blanks below with your preferred lesson time. Priority for lessons will be given to on-line registrants. **ALL registrations received in the mail will be processed beginning Tuesday, May 2nd.**

There will be NO early registrations.

If you are registering more than one child, please complete a registration form and Medical Release for each student.

REFUND POLICY: Parents taking their child out of lessons after the first day will receive a refund of \$25 for group lessons and \$30 for semi-group lessons. All refund requests must be made prior to the second lesson.

If you have questions concerning the level you wish to register, contact Al Baloun at 831-6122 between 9:00 AM-4:30 PM.

<u>Session 1</u>	<u>Session 2</u>	<u>Session 3</u>	<u>Session 4</u>	<u>Junior Lifeguard</u>
June 12-16	June 22-23	July 6-7	July 17-21	Monday-Friday
June 19-20	June 26-29	July 10-13	July 24-25	9 AM - 11 AM
Make Up: June 21st	Make Up: June 30th	Make Up: July 14th	Make Up: July 26th	July 10-14;
* Denotes Semi-Group Class	* Denotes Semi-Group Class	* Denotes Semi-Group Class	* Denotes Semi-Group Class	July 17-21;
<u>10:00-10:55am</u>	<u>10:00-10:55am</u>	<u>10:00-10:55am</u>	<u>10:00-10:55am</u>	July 24-26
Level 1	Level 2*	Level 2	Level 1	Fee: \$ 45
Level 2*	Level 3*	Level 3	Level 2*	
Level 3*	Level 4*	Level 4	Level 3*	
Level 4*	Level 5	Level 5	Level 4*	
Level 6	Level 6	Level 6	Level 6	
<u>11:00-11:55am</u>	<u>11:00-11:55am</u>	<u>11:00-11:55am</u>	<u>11:00-11:55 am</u>	
Level 1*	Level 1	Level 1*	Level 2	
Level 2*	Level 2	Level 2	Level 3*	
Level 3*	Level 3*	Level 3*	Level 4*	
Level 5	Level 5	Level 4*	Level 5	
<u>12:00-12:55pm</u>	<u>12:00-12:55pm</u>	<u>12:00-12:55pm</u>	<u>12:00-12:55 pm</u>	
Preschool 1 (12:00)	Preschool 1 (12:00)	Preschool 1 (12:00)	Preschool 1 (12:00)	
Preschool 2 (12:30)	Preschool 2 (12:30)	Preschool 2 (12:30)	Preschool 2 (12:30)	
Level 2	Level 1*	Level 1	Level 1*	
Level 3	Level 3	Level 2*	Level 2	
Level 4*	Level 4	Level 3	Level 3*	
<u>1:00-1:55pm</u>	<u>1:00-1:55pm</u>	<u>1:00-1:55 pm</u>	<u>1:00-1:55 pm</u>	
Level 1	Preschool 1 (1:00)	Preschool 2 (1:00)	Level 1	
Level 2	Level 1	Level 1	Level 2	
Level 3	Level 2	Level 2	Level 3	
Level 4	Level 3	Level 3	Level 4	
<u>5:00-5:55pm</u>	<u>5:00-5:55pm</u>	<u>5:00-5:55pm</u>	<u>5:00-5:55 pm</u>	
Level 1	Level 1	Level 1	Level 1	
Level 2	Level 2	Level 2	Level 2	
Level 3*	Level 4	Level 4	Level 3*	
<u>6:00-6:30pm</u>	<u>6:00-6:30pm</u>	<u>6:00-6:30 pm</u>	<u>6:00-6:30 pm</u>	
Preschool 1	Preschool 1	Preschool 1	Preschool 1	
Preschool 2	Preschool 2	Preschool 2	Preschool 2	
Parent & Child	Parent & Child	Parent & Child	Parent & Child	

Fees:
 \$35 Preschool Lessons (Max. 6) 30 Minutes
 Time = (start time)
 \$35 Group Lessons (Max. 10) Levels 1-6
 \$45 Semi-Group Lessons (max. 5) Levels 1-4
 \$55 Private (5 - 30 Minute Lessons)

To Register for Summer Swimming Lessons on-line:

Go to the City of Windom's website at: www.windom-mn.com

Click on "Recreation Registration" listed in the Recreation Box on the bottom right side.

Click on "Recreation Registration" in the grey box on the left. (If you have not signed up on-line before, you will need to choose "Create Account" first.)

ALL swimming registrations received in the mail will be processed beginning Tuesday, May 2nd.