




Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Questions?</b> Contact us at 507-831-0672					1 <b>Fit Row 5:45A</b> <b>Open Yoga 10A</b>  Power Row 5P	2
3	4 <b>WIM 6:15A</b>  <b>Gentle Yoga 4:15P</b> <b>Power Row 5:15P</b> <b>TKD 6:45P</b>	5 <b>S. Sneakers 10A</b>  <b>Zumba 5P</b>	6 <b>Fit Row 5:45A</b> <b>WIM 6:15A</b> <b>Open Yoga 10A</b> <b>Power Row 5:45P</b> <b>TKD 6:45P</b>	7 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Strength 4:15P</b> <b>Fit Mash-Up 5P</b>	8 <b>Fit Row 5:45A</b> <b>Open Yoga 10A</b>  Power Row 5P	9
10	11 <b>Boot Camp 6A</b> <b>WIM 6:15A</b>  <b>Gentle Yoga 4:15P</b>	12 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Strength 4:15P</b> <b>Fit Mash-Up 5P</b>	13 <b>Fit Row 5:45A</b> <b>WIM 6:15A</b> <b>Open Yoga 10A</b> <b>Power Row 5:45P</b> <b>TKD 6:45P</b>	14 <b>Boot Camp 6A</b>  <b>Strength 4:15P</b> <b>Fit Mash-Up 5P</b>	15 <b>Fit Row 5:45A</b>  <b>Open Yoga 10A</b> <b>Power Row 5P</b>	16
17 	18 <b>Boot Camp 6A</b> <b>WIM 6:15A</b> <b>Gentle Yoga 4:15P</b> <b>Power Row 5:15P</b> <b>TKD 6:45P</b>	19 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Strength 4:15P</b> <b>Fit Mash-Up 5P</b>	20 <b>Fit Row 5:45A</b> <b>WIM 6:15A</b>  <b>Power Row 5:45P</b> <b>TKD 6:45P</b>	21 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Zumba 5P</b>	22 <b>Fit Row 5:45A</b> <b>Open Yoga 10A</b>  Power Row 5P	23
24	25 <b>Boot Camp 6A</b> <b>WIM 6:15A</b>  <b>Gentle Yoga 4:15P</b> <b>TKD 6:45P</b>	26 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Zumba 5P</b>	27 <b>Fit Row 5:45A</b> <b>WIM 6:15A</b> <b>Open Yoga 10A</b> <b>Power Row 5:45P</b> <b>TKD 6:45P</b>	28 <b>Boot Camp 6A</b> <b>S. Sneakers 10A</b>  <b>Strength 4:15P</b> <b>Fit Mash-Up 5P</b>	29 <b>Fit Row 5:45A</b> <b>Open Yoga 10A</b>  Power Row 5P	30
31						<b>Silver Sneakers class open to everyone. Non-Silver Sneakers members must pay 25 cents per class.</b>