

# 2019 Flu Shots

**SIGN UP NOW to let me know  
what time works for you  
Spouse's welcome**

**Call or eMail**

Cheryl 507-832-8663

[cheryl.lillegaard@windommn.com](mailto:cheryl.lillegaard@windommn.com)

**Bring Your insurance card & Stop at the  
Powerhouse Office for the shots**

Morning of September 26

7:30 – 9:00 am

Or the Afternoon of September 26

1:00 – 2:00 pm

Can't make the times let me know

Getting vaccinated yourself may also protect people around you